

OUR

HOLY FAMILY
SENIOR LIVING

Holy Family

Monthly Newsletter / August 2026



Planning Today for Tomorrow's Holy Family Senior Living

One of the most important responsibilities of the Board of Directors is to ensure that Holy Family Senior Living remains strong, not just today, but for future generations. As stewards of this ministry on behalf of the Diocese of Allentown, we have both the privilege and responsibility of safeguarding our Catholic mission while ensuring the organization remains financially, operationally, and strategically healthy.

When people hear the words of *strategic planning*, they often think about buildings or expansion. While those may certainly be part

of the conversation, strategic planning is really about asking a much bigger question: How can Holy Family Senior Living best serve older adults in the years ahead?

The needs of seniors continue to evolve. More people want to remain independent longer. Affordable housing is increasingly difficult to find. Healthcare is shifting beyond the walls of traditional facilities and into homes and community settings. As a Board, we believe these changes present opportunities for Holy Family Senior Living to continue fulfilling its mission in new and meaningful ways.

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As a Catholic Diocese of Allentown sponsored ministry, Holy Family Senior Living operates under the auspices of the Bishop. The Board of Directors is entrusted with the governance and stewardship of the organization, while the leadership team is responsible for day-to-day operations. The Board's role is to provide strategic oversight, ensure accountability, quality of services and help safeguard the mission and long-term sustainability of Holy Family Senior Living.

What has always made Holy Family Senior Living special is that our decisions begin with people. Our Catholic identity reminds us that every person is created with inherent dignity and deserves to be treated with compassion, respect, and love. Whether someone lives in one of our affordable housing communities, Grace Mansion, Holy Family Manor, or our HFSL Independent Living homes, we strive to care for the whole person, body, mind, and spirit. While we are proudly Catholic in our mission, we warmly welcome individuals of every faith and background.

I am continually inspired by the dedication of our residents, families, volunteers, donors, and

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— John Morahan, Chair, Board of Directors

team members. Their commitment to this community reminds the Board why our work matters. As we continue our strategic planning efforts, we remain committed to honoring Holy Family Senior Living's rich history while thoughtfully preparing for an even brighter future.

Thank you for the trust you place in Holy Family Senior Living. It is an honor to serve this ministry alongside so many people who care deeply about its mission.

John Morahan

Chair, Board of Directors

Important Numbers for Department Contacts: 610-865-5595

Holy Family Senior Living

CEO – Len Weiser, ext. 436
Chief Administrative Officer – Scott Mengle, ext. 414
Safety Comments – Tina Pongracz, ext. 576
Dir. Dining Services – Dana Dague, ext. 536
Dir. Housekeeping – Berris Samuels, ext. 526
Dir. Facility Services – Randy Smith, ext. 525
Chaplain, Fr. Paul, ext. 509
Dir. Life Enrichment/Volunteers –
Michael Hertzog, ext. 522
Dir. Finance – David Fazio, ext. 516

Grace Mansion

Personal Care Administrator - Kathy Pinzka, ext. 452
Care Coordinator – Kim Pasquarello, ext. 458

Independent Living

CCRC - Allison Guzley, Operations Coordinator, ext. 448

Affordable Housing

Diana Hess, Property Manager – 570-628-4504
Barbie Hucaluk, Property Manager – 610-984-4295
Kattie Rhoads, Property Manager – 610-849-6172

Holy Family Manor

Nursing Home Administrator – Carol Stephens, ext. 585
Dir. Social Services – Lauren Favinger, ext. 597
Dir. Rehabilitation – Devin McLaughlin, ext. 433
Dir. Health Information – Tina Cuth, ext. 503
Dir. Nursing – Miriam Arroyo, ext. 408
Dir. Admissions – Lynn Murray, ext. 510



Spiritual Flowers in August

by Father Paul and Deacon Bob

This last full month of summer is often the hottest. We can act a bit lazy and sleepy under the burning sun. In history, August was the busy month for Caesar Augustus. In fact, this month was named for this Roman Emperor. His troops fought hard to win many military victories for him in August.

In summer, do we make serious efforts to grow spiritually? We should. For Anglo-Saxons, August was **Weod monath**, meaning "weed month." Plants grow quickly with abundant sunlight and water. Actor Bruce Lee once remarked, "*The mind is like a fertile garden in which everything that is planted, flowers or weeds, will grow.*" We must never take a vacation from our spiritual disciplines. It is not good for us.

Skimpy summer clothing can mislead those who see it (or don't see it!) into bad thoughts and habits. Weeds are tricky things. Bad habits are rarely uprooted immediately. Weeds penetrate the wheat until the End of time. God is patient with us. He takes His time. His justice is never rushed, but His timing is always perfect. Jesus lets us know as much in the *Parable of the Weeds* (Matthew 13:24-30, 36-43). This August, let's aim for spiritual victories. Let's spend energy weeding out bad habits of thought, word, and deed. Someday Jesus and His angels will weed this world of anyone but wheat and flowers.

FEASTS & SOLEMNITIES

August 6

The Transfiguration
of the Lord (Feast)

August 15

The Assumption of the
Blessed Virgin Mary
(Solemnity)

August 22

The Queenship of the
Blessed Virgin Mary
(Memorial)

August 24

St. Bartholomew,
Apostle (Feast)

MEMORIALS

August 1

St. Alphonsus Liguori

August 4

St. John Vianney

August 8

St. Dominic

August 14

St. Maximilian Kolbe

August 20

St. Bernard

August 21

St. Pius X, Pope

August 28

St. Augustine

August 29

The Passion of
St. John the Baptist

Investing in Our Communities

One of the commitments we have made as an organization is to continually invest in the places our residents call home. While some improvements are highly visible and others take place behind the scenes, each project reflects our commitment to providing welcoming, safe, and well-maintained communities.

At Holy Family Manor, our Maintenance team has been refreshing the main hallway and other common areas with a new color palette that reflects Holy Family Senior Living's brand identity. These updated colors will gradually be incorporated throughout our campuses, creating a more consistent and inviting environment for residents, families, and visitors.



This is only the beginning. In the coming months, a work group made up of team members and resident leaders will begin evaluating dining and activity spaces to explore how they can best support resident engagement while creating warm, comfortable gathering places for everyone to enjoy.



Our affordable housing communities are also seeing important investments. At Holy Family Apartments – Bethlehem bathroom upgrades are underway to ensure they meet current HUD accessibility requirements. At Antonian Towers, we are also replacing some of the original flooring in bathrooms and kitchens, enhancing both safety and appearance.

Looking ahead, we are excited about the opportunity to begin long-needed façade repairs at St. Ann's Senior Apartments. Thanks to funding through a PHARE grant, we anticipate this important preservation project will begin soon, helping to protect and enhance the building for years to come.



These projects are part of a larger commitment to caring for our communities, not just maintaining our buildings, but continually improving the

places where our residents live, gather, and thrive. We look forward to sharing more updates as this work continues.

Investing in Resident Services

Technology That Strengthens Personalized Support

Investing in the future isn't only about improving our buildings; it's also about investing in the tools and resources that help us better serve our residents.

One example is our investment in **ResidentConnect**, a technology platform that supports the work of our Housing Service Coordinators and enhances the services they provide throughout our affordable housing communities.

ResidentConnect allows Service Coordinators to securely document resident interactions, coordinate referrals, monitor outcomes, and identify trends that help ensure residents receive the support and resources they need. By having important information readily available, our team can respond more efficiently, collaborate more effectively, and provide continuity of service over time.

For residents, this means a more coordinated approach to accessing community resources, wellness programs, benefits, and supportive services that help them remain healthy, independent, and connected.

While technology will never replace the personal relationships our Service Coordinators build with residents, it strengthens their ability to provide timely, compassionate, and individualized support. It also provides valuable data that helps us measure outcomes, identify emerging needs, and continually improve the services we provide.

ResidentConnect is one more example of our ongoing commitment to investing in innovative solutions that empower older adults to live with dignity, independence, and confidence.



Adorable Kangaroos Make a Visit!

No, your eyes aren't playing tricks on you! Our HFSL campus got a little more wild thanks to the incredible team from Aldinger Farms, who brought their adorable kangaroos to spend time with our residents! There were smiles that stretched for miles, nonstop laughter, and plenty of "I can't believe I'm petting a kangaroo!" moments. From curious noses to fluffy cuddles, these amazing animals stole every heart in the room. At Holy Family Senior Living, we're always looking for creative ways to make every day extraordinary — and this definitely hopped to the top of the list!

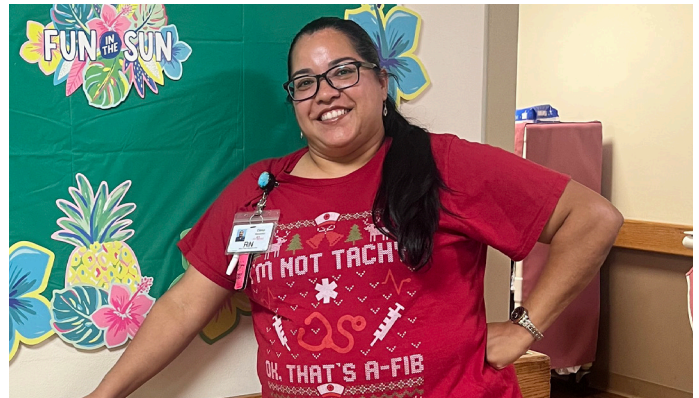
Celebrating 25 Years of Dedicated Service

Congratulations, Elena Hernandez!

We are proud to celebrate Elena Hernandez's incredible 25 years of service at Holy Family Senior Living!

Elena began her journey with us in 2001 as a Certified Nursing Assistant (CNA). Through hard work, dedication, and a passion for caring for others, she has grown into a respected nursing leader, serving in a variety of important roles including RN, Assistant RN Supervisor, RN Nurse Manager, and Transitional Registered Nurse.

Throughout her career, Elena has consistently demonstrated a true servant's heart. She is always willing to lend a helping hand, adjust her schedule when needed, and go above and beyond to ensure our residents receive the compassionate, high-quality care they deserve. Her selflessness, flexibility, and unwavering commitment embody the mission of Holy Family Senior Living.



For 25 years, Elena has been a trusted caregiver, mentor, teammate, and advocate for our residents. Her dedication has made a lasting impact on countless lives, and her compassion continues to inspire those who have the privilege of working alongside her.

Congratulations, Elena, on this remarkable milestone! Thank you for your 25 years of faithful service, compassion, and commitment. We are truly blessed to have you as a member of the Holy Family Senior Living family.



A life well lived deserves to be remembered

Recently, the family of Margaret Zumas gathered at Holy Family Senior Living to dedicate a leaf on our Giving Tree in her loving memory. Together, they placed her golden nameplate on the tree as a lasting tribute to her life and legacy. Their generous gift not only honors Margaret but also supports the mission of Holy Family Senior Living, helping us continue to provide compassionate care and services for those we serve. We are grateful to Margaret's family for this meaningful tribute and for making her memory a lasting part of our community.

We Put the Fun in Functional!

At Holy Family Senior Living, our rehabilitation team believes that therapy should be engaging, motivating, and centered around one goal — helping each resident regain independence and return to doing the things they love.

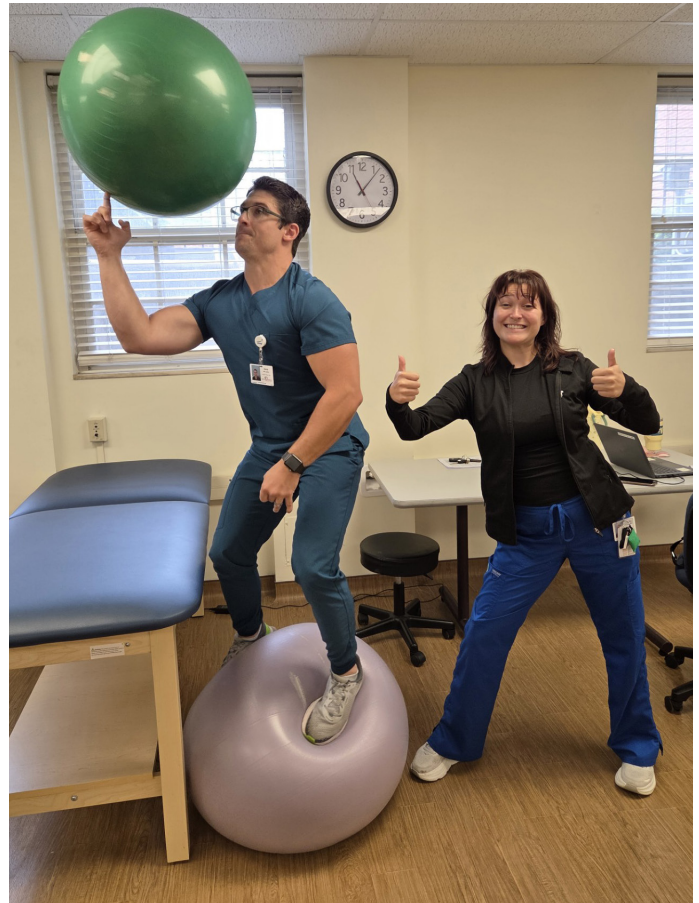
Through our partnership with Advantage Rehab, we provide personalized rehabilitation services designed to meet the unique needs of every resident. Our interdisciplinary team works closely together to develop customized treatment plans that focus on each individual's goals, abilities, and overall well-being.

For residents recovering after a hospitalization, our short-term rehabilitation program typically has an average length of stay of 16 to 20 days, helping individuals safely regain strength, mobility, confidence, and independence before returning home whenever possible.

One of the many advantages of our program is our Fiberoptic Endoscopic Evaluation of Swallowing (FEES) service, an advanced in-house swallow study performed right here at Holy Family Senior Living. This specialized assessment is conducted by our experienced Speech-Language Pathologist, Emily Gutekunst, allowing residents to receive timely evaluations without the need to travel to an outside facility.

Because our rehabilitation services are provided through Advantage Rehab, therapy is available to residents across all levels of care — including those receiving hospice services. This unique partnership allows us to continue providing meaningful therapy interventions that support comfort, safety, function, and quality of life, a service that is not available in many senior living communities.

Our commitment to quality is reflected in our care. Approximately 80% of our therapy staffing



hours are dedicated to one-on-one, hands-on treatment, ensuring residents receive individualized attention and the highest level of personalized care during every therapy session.

We're also excited to expand our services beyond our residents. Outpatient therapy is now available for employees of the Diocese, making it even more convenient to receive expert physical, occupational, and speech therapy from the trusted team at Advantage Rehab.

Whether helping someone walk independently again, regain the ability to swallow safely, recover after surgery, or improve everyday function, our team is dedicated to making rehabilitation both effective and enjoyable.

At Holy Family Senior Living, we don't just provide therapy — we put the fun in functional!

PHOTO GALLERY

Special events and Holy Family smiles!



FOLLOW US FOR MORE FUN PHOTOS & HIGHLIGHTS!



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Catholic at heart...welcoming to all

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